

My favourite free time activity

Everyone needs some leisure time because it is necessary for us so that we are always healthy and relaxed. There are a lot of different things I like doing in my free time but my favourite activity is simply riding my bike.

When the weather is fine, I go cycling with my mother to the Olympic Stadium which is near my house. My bike is a bright pink Scott with 8 gear shifters. I sometimes meet other kids there, especially on Sundays, and we race together. On some weekends, my family and I go on trips to the countryside so I also have the chance to cycle in the forest or by the riverside.

I enjoy cycling because it's good exercise and I like to keep fit. But it also makes me feel free, strong and happy!



This is my bike...

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