

A new healthy diet for Farmer Bunce

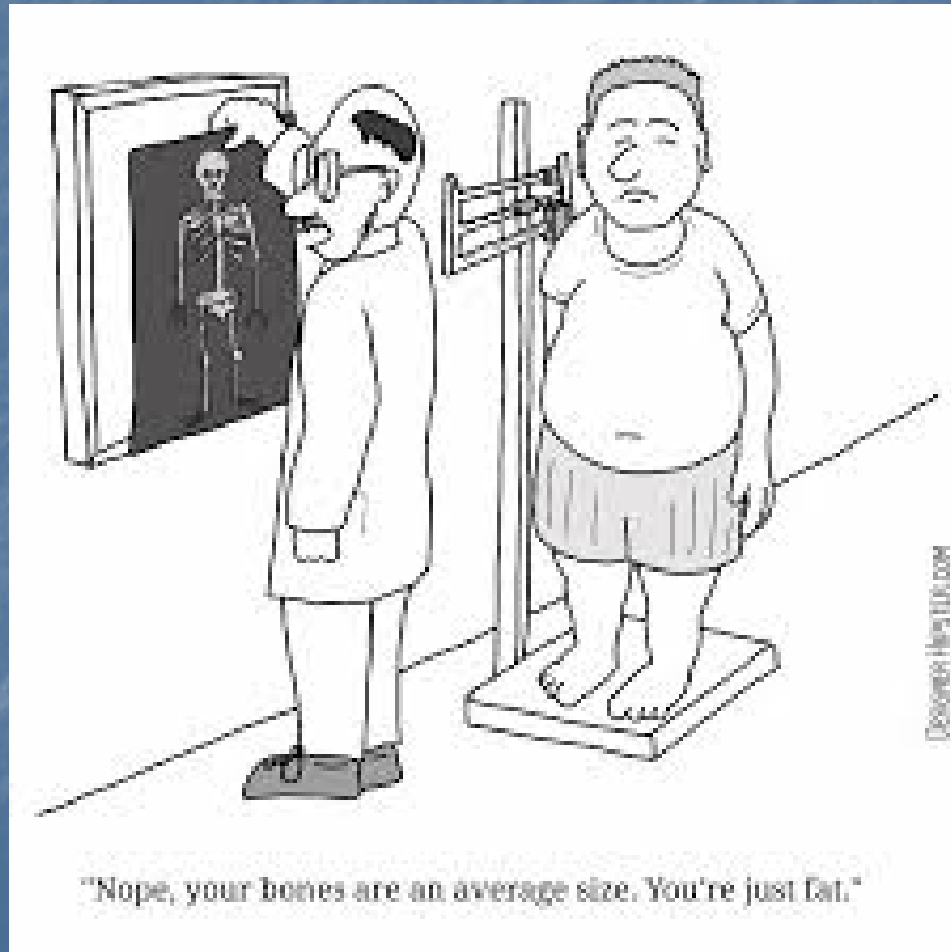
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Farmer Bunce had a bad tummy-ache because he ate unhealthy food.



So he went to a doctor to ask for advice.



The doctor advised him to eat a healthy breakfast every day.

- For example:
- Milk
- Fruit
- Corn flakes



For lunch he should eat

- Fish
- Vegetables
- Chicken
- And lots of salad!



For dinner he should eat:

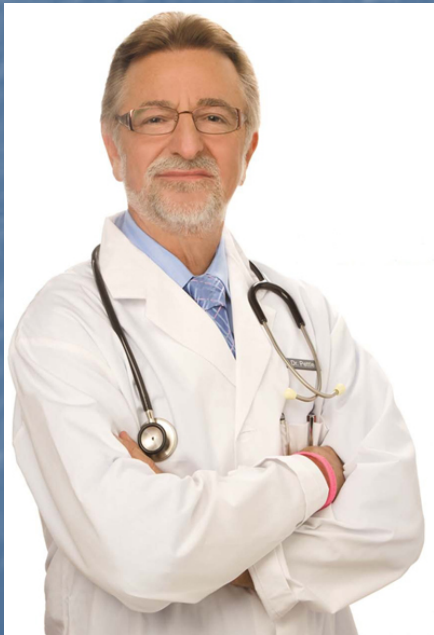
- A yoghurt
 - Or
- Some toast



And he should not eat junk food
and sweets.



Bunce, remember to eat what I told you is good for you. Any questions?



Hmm...Should I eat all these BEFORE or AFTER my doughnuts??????



THE END

- THANKS FOR WATCHING!