



# 5 UNUSUAL ENGLISH RECIPES

---

*Manolis Giortamakis*



STARGAZY PIE



❖ Fish staring back at you from a pie might not seem especially appetizing, but Cornish chefs know what they're doing. The elevated heads allow oils to seep back into this pilchard, egg and potato pie.



SUSSEX POND  
PUDDING



❖ An entire lemon, hiding in a pastry shell, covered in butter and sugar - the Sussex pond pudding is a thing of beauty.



LUCKY TATTIES



❖ A soft-fondanty filling with a cinnamon dusting make these strange Scottish sweets worth a shot.



BERWICK  
COCKLES



❖ Originating in Berwick-upon-Tweed - the northernmost town in England - Berwick cockles are crumbly mints with a red stripe. The original Berwick cockles shop closed in 2012, after 200 years. The sweets are still available online.



YARG



❖ Cornish yarg is a semi-hard cow's milk cheese, wrapped in nettle leaves. A variant - wild garlic yarg - sees the cheese wrapped in wild garlic leaves.