

Usain Bolt



Usain Bolt is a Jamaican sprinter.

Bolt was born on 21 August 1986 in Sherwood Content, a small town in Jamaica.

He grew up with his parents, Wellesley and Jennifer Bolt, his brother Sadiki, and his sister Sherine.

Bolt spent his time playing cricket and football in the street with his brother.

...Usain Bolt

As a child, Bolt attended Waldensia Primary, where he first began to show his sprinting potential, running in the annual national primary-schools' meeting.

By the age of twelve, Bolt had become the school's fastest runner over the 100 metres distance.

Upon his entry to High School, Bolt continued to focus on other sports, but his cricket coach encouraging him to focus his energy on improving his athletic abilities.

...Usain Bolt

He is the fastest person and the first man to hold both the 100 metres and 200 metres world records.

Along with his teammates, he also set the world record in the 4x100 metres relay.

He is the Olympic champion in these three events, the first man to win six Olympic gold medals in sprinting, and an eight-time World champion.

He was the first to achieve a "double double" by winning 100 m and 200 m titles at Olympics (2008 and 2012), and topped this through the first "double triple" (including 4×100 m relays).

...Usain Bolt

Bolt's achievements in sprinting have earned him the media nickname "Lightning Bolt", and a lot of awards (IAAF World Athlete of the Year).

He is the highest paid athlete.

By winning three gold medals at the 2013 World Championships, Bolt became one of the most successful athletes in the 30-year history of the athletics world championships.

...THE END

by Stefanos Michail